

# ROTOVUE

Serving Marine Corps Air Station New River and Jacksonville, N.C.

www.newriver.usmc.mil

February 23, 2005

Vol. 44 No. 4

## BLACK HISTORY

Station celebrates diversity

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## HMT-302 INVADES KEY WEST

Training  
detachment  
hits Florida  
beach,  
hones flying  
skills



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## A WILL TO LEARN

Education tips for apt minds

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# MAG-26, MALS-26 depart for OIF 04-06

Photo by Cpl. Steven R. Sawyer  
See pages 2, 3 for more  
information

## FLIGHTLINES

### New MPD phone numbers

On Feb. 15, the Military Police District non-emergency phone numbers were changed to 451-2555 and 451-2556.

The emergency phone number remains 911.

Emergency and non-emergency phone numbers are directed through the Marine Corps Base, Camp Lejeune, N.C., Consolidated Dispatch Center.

The center dispatches responders to all emergency and non-emergency calls for service.

### Movie and chili cook off

Station Headquarters and Headquarters Squadron is sponsoring a movie day and chili cook off for all H&HS Marines and their families Saturday at the Station theater.

The movie for children and young adults is "Racing Stripes," playing at 11 a.m.

The movie for adults is "White Noise," playing at 2 p.m.

Prizes will be awarded to the first, second and third place chilies, and a People's Choice Award will be given as well.

For more information, contact Elizabeth Shuck at 449-7271.

### Relief Society scholarships

The Navy-Marine Corps Relief Society offers scholarships and interest free loans to children and spouses of active duty and retired Marines and Sailors.

The scholarships are for up to \$2,000 per year and the interest-free loans are for up to \$3,000 per year for education.

The deadline to apply is March 1, which means the application must be received in NMCRS Headquarters office before this date.

Visit the NMCRS Web site at [www.nmcrcs.org](http://www.nmcrcs.org) to download the application or call NMCRS Headquarters at (703) 696-4904.

For questions, contact the

Station NMCRS office at 449-6431 or the Camp Lejeune office at 451-5346, ext. 232.

### OWC scholarships

All military dependents or spouses whose sponsor is an officer or sergeant and below and stationed at or retired from here, are eligible to apply for the MCAS New River Officers Wives Club Scholarship.

Contact the squadron education office, the Station Family Service Center or Navy-Marine Corps Relief Society for an application and more details.

The deadline for all applications is March 11.

### Youth Spring Extravaganza

The Station Youth Center is hosting the Youth Spring Extravaganza on March 12.

The event is open to all active duty, reservists, family members and civilian service-members from New River.

For more information, call 449-6110 or 449-6711.

### MCCS Easter egg hunt

Kids can meet the Easter Bunny and join in for an Easter egg hunt at the Tarawa Terrace ball field on March 19 at 2 p.m.

In case of rain, the Tarawa Terrace Youth Pavilion will be open for Easter activities.

The extravaganza is open to kids 2-12 years-old.

For more information, call 451-1807.

### Teen job fair workshop

This workshop is being held March 23 from 10 a.m. to noon at the Family Member Employment Assistance Program Center, building 2475 at Tarawa Terrace. Those attending will learn

how to market their skills, interview effectively and write resumes.

For more information, and to register, call 450-1676.

### Summer job fair for teens

There will be a Teen Job Fair on April 2 from 9 a.m. to noon at the Midway Park Community Center.

The job fair features Summer employment for teens, ages 16-18, and volunteer opportunities for teens, ages 13-18. Teens will also learn about their career interests.

For more information and to register, call 450-1676.

### A few good students

The Marine Corps Scholarship Foundation is looking for students who qualify for academic year 2005-2006 scholarships.

Application forms are available to download from [www.mcsf.us](http://www.mcsf.us).

The submission deadline is April 15.

For information, about who can qualify, call 1-800-292-7777.

### Deployment dinners

The Chapel is hosting a dinner for families of deployed service-members tomorrow night. The dinner is held the last Thursday of every month.

Food is provided, but anyone who wishes to attend is asked to phone ahead so Chapel personnel know how much food to prepare. The number to call is 449-6801.

There is a worship service at 6 p.m. for anyone who wishes attend, and dinner begins at 6:30 p.m.

### On the cover

Corporal Oscar Fuentes, Marine Aviation Logistics Squadron-26 administrative clerk from Houston, holds his 4-year-old son, Oscar Jr., before deploying in support of Operation Iraqi Freedom 04-06 on Feb. 16.

The Patriots departed with Marine Aircraft Group-26 members, who are taking over the command element of 2nd Marine Aircraft Wing (forward).



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## 2nd MAW VIP spouses visit



Master Sgt. Brenda S. Donnell

(From left to right) Lee Ann Moore, wife of 2nd Marine Aircraft Wing Commanding General Maj. Gen. Thomas L. Moore; Maureen Peeler, wife of 2nd MAW Assistant Wing Commander Colonel David H. Peeler; Ingrid Mollahan, wife of 2nd MAW Chief of Staff Col. David J. Mollahan; and Mrs. Claire Forand, wife of New River Commanding Officer Col. Stephen L. Forand, pause for a moment in the MV-22 Osprey simulator during a visit here Feb. 9. Forand hosted Moore, Peeler and Mollahan who also visited the Marine Family Service Center and the Child Development Center.



# MAG-26 takes wing with 2nd MAW (forward)



Cpl. Steven R. Sawyer

**Sergeant Robert C. Crimes, Marine Aviation Logistics Squadron-26 hydraulics technician and Bray, Okla., native, hugs his wife, Shannon, before deploying Feb. 16.**

## Cpl. Steven R. Sawyer correspondent

Marines and Sailors assigned to Marine Aircraft Group-26 deployed in support of Operation Iraqi Freedom 04-06 on Feb. 16 and 17.

The group, which included Marine Aviation Logistics Squadron-26, incorporated several hundred servicemembers in the command and support elements to replace those of MAG-16 and MALS-16, who are currently in the area of operation.

"The MAG will be the staff supporting the 2nd, 3rd and 4th Marine Aircraft Wing squadrons," said Maj. Brian H. Wiktorek, rear detachment officer-in-charge for MAG-26.

According to Wiktorek, under the primary command of 2nd MAW (forward) and Col. Robert E. Milstead, MAG-26 is prepared to accomplish the mission for the entire breadth of OIF 04-06.

"The size of the MAG will double when they are in command of MALS-26, (Marine Medium Helicopter Squadron-264), (Marine Light/Attack Helicopter Squadron-269), and joined by the 3rd and 4th MAW," said the Oak Creek, Wis., native.

A smooth transition in theater is anticipated due to intensive training regiments for both MAG and MALS servicemembers, and the Patriots squadron sergeant major is confident in his troops.

"We're ready to go, we're motivated and it's what we're trained to do," said Sgt. Maj. Leroy Williams, Jr., MALS-26 sergeant major. "We're deploying with the (2nd MAW), which means this is a very big deal, but we also have an outstanding bunch of Marines who I have full confidence in."

It isn't going to be an easy job, according to Commanding Officer Lt. Col. Carmine J. Borrelli of MALS-26, but the Patriots are up to the task.

"These guys are trained to the utmost and ready to go," said the Yonkers, N.Y., native. "Our mission will be to support the entire group, including their squadrons already in theatre, and I know we're up for it."

Many of the Patriots will be in Iraq for an extended period, according to Williams, and approximately 300 servicemembers will remain for more than 12 months.

"We're also picking up the Marines already there with various squadrons," said Borrelli.

"The hardest part is that we couldn't take everybody," said Williams, a native of Columbia, S.C. "We have to leave a few of our guys with MALS-29, and it isn't easy to break up the unit like that."

Both commands wished to express their appreciations to the United Services Organization for its support during their respective deployments.

## Navy and Marine Corps Relief Society

*An investment in you ...*

## Cpl. Steven R. Sawyer correspondent

According to the Navy and Marine Corps Relief Society Web site, \$32,423 was collected last year from Marines, Sailors and Department of Defense employees here.

However, \$175,361 was distributed as aid and assistance to Station personnel and their families.

"I find it ironic that the Marine Corps relies so heavily on the Society

for aid with automobile payments, house payments, family emergencies, credit problems and everything else, and we as a Station aren't supporting them to the fullest extent," said Station Sgt. Maj. Lewis L. Summerville of Aliceville, Ala.

According to Sandi Isherwood, Station NMCRS director and Pittsburgh native, the society collects donations from military personnel and DoD employees worldwide, and the pooled funds are then divvied among those needing assistance.

"We need to hold up our end of the bargain," said Summerville.

According to Isherwood, if every servicemember here, approximately 4,000, donated only \$4 a month, the yearly gain would be about \$192,000.

"The reason all of the funds are gathered into a single account is that some bases and

stations can produce more than others," said Isherwood. "We're not expecting 100 percent participation, but it's obvious the Station could do much better than it is."

The largest portion of funds are gained through fund drives, according to the NMCRS Web site, just like the one

beginning March 1.

"During the fund drive, each command has a command representative whose mission it is to make 100 percent contact with every Marine and Sailor in that command," said Isherwood.

According to Summerville, however, contact may not be enough.

"We keep asking for Marines to contribute, but it isn't working as well as it should," said Summerville. "What we need to do is remind them that it isn't about the contribution, but the need of the Marine or Sailor next to them."

Summerville and Isherwood both affirm that more emphasis should be placed on helping servicemembers, because that is why the fund drive exists.

"Put yourself in another servicemembers shoes," concludes Isherwood. "A relative has an emergency and now you can't make the rent or buy food for your family. That's what we're here for, to help you, the servicemember, in that time of need."

The NMCRS is open Monday through Friday from 8 a.m. to 4 p.m.

**"... it isn't about the contribution, but the need of the Marine or Sailor next to them."**

*- Sgt. Maj. Lewis L. Summerville*

## Marines celebrate Black History Month

## Lance Cpl. Jeff Cosola correspondent

A Black History Month luncheon for approximately 117 Marines and Sailors was held at the Enlisted Club here on Thursday.

The luncheon was held to not only celebrate Black History Month, but also to promote awareness and understanding of racial diversity on Station and in the community, said Staff Sgt. Nicole Jacobs, the Station Headquarters and Headquarters Squadron equal opportunity representative.

"It's important to support each other as Marines and as people. It's also good training, and important to the entire Station," said Jacobs.

The Station Equal Opportunity committee oversaw the event which provided Marines and Sailors an opportunity for additional racial education and perspective.

"It opens your eyes and shows more about black history and the progress of society," said Staff Sgt. Curtis Delpsh, Marine Wing Support Squadron-272 material chief and equal opportunity representative. "All units participate, and it's a big opportunity to experience different cultures."

Joseph M. Morgan, a retired Marine sergeant major, was the guest speaker and delivered a message regarding unfinished work in the continuing struggle for equal opportunity.

"Whether on the battlefield of combat or on the battlefield of injustice, we have stood the test," said Morgan. "If we want a better tomorrow we need to start today. We need to start today by laying aside anything that would cause us not to go up the mountain top together."

Morgan's career spanned 30 years. He retired in February 2004 as the sergeant major of 2nd Marine Division, Camp Lejeune, N.C., and currently acts as church leader for the Wings of Faith Ministries in Jacksonville, N.C.

Station Sergeant Major Lewis L. Summerville presented Morgan with a certificate of appreciation for participating in

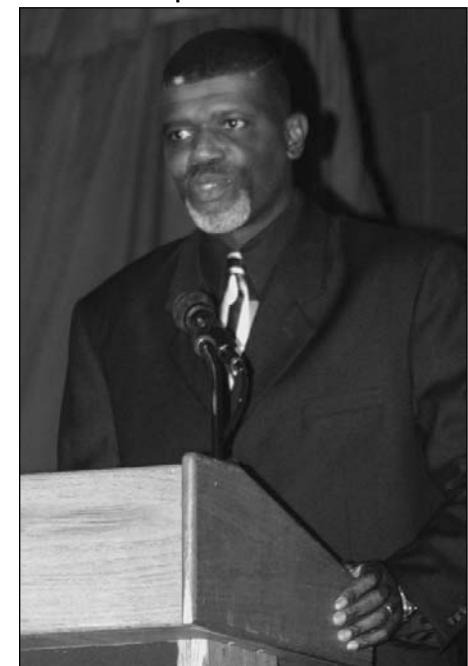
the luncheon as the guest speaker.

The Delalio Elementary School choir performed the national anthem as well as two additional selections, "Down by the Riverside" and "Standing in the Light of Love," to commemorate African-American musical heritage.

Attendance was down from last year's event due to Station deployments, said Staff Sgt. Mario Morales, the Station Headquarters and Headquarters Squadron equal opportunity advisor.

"With all the deployments, we still had decent support," said Morales. "We always have encouragement from the rest of the units at the Station and we definitely appreciate it."

**Pastor Joseph M. Morgan, retired sergeant major, speaks at the Black History Month Luncheon held at the Station Enlisted Club on Thursday. Morgan strongly advocated diversity training in the Marine Corps.**



Pfc. Brandon Gale

*Editor's note: The mission of the Navy-Marine Corps Relief Society is to provide, in partnership with the Navy and Marine Corps, financial, educational, and other assistance to members of the Naval Services of the United States, eligible family members, and survivors when in need; and to receive and manage funds to administer these programs.*

# Making a difference



Lance Cpl. Michael Angelo

Richard T. Cole, Marine Corps Community Services Semper Fit director from Havelock, N.C., is deemed an honorary “Patriot” by Lt. Col Carmine Borrelli, Marine Aviation Logistics Squadron-26 commanding officer from Yonkers, N.Y., in the squadron hangar Feb. 10. Cole earned the honor by assisting the squadron through deployments in the past, ensuring proper return ceremonies for all waves of Marines and personally greeting returning Marines regardless of time of day, said Borrelli. The Patriots departed for Iraq on Feb. 16 and Borrelli said he knew Cole would be among the first faces he saw upon the squadron’s return.

# ‘Guys and Dolls’ at Delalio



Cpl. Jeffrey A. Everitt

The 4th and 5th grade children of DeLalio Elementary School practice a song and dance routine called “Sit Down You’re Rockin’ the Boat” for an upcoming performance of “Guys and Dolls.” The play is scheduled for May 6 and 7, and tickets will go on sale at a dinner theater given by the Parent Teacher Organization in March.

# BASH

**Sgt. Andrew W. Miller**  
correspondent

A new link is in the works to help reduce the risks of mishaps on Station.

Spearheaded by John C. Griffith, wildlife biologist from Chattanooga, Tenn., the Station Safety and Environmental Affairs Division is in the process of adding a Bird/Animal Strike Hazard link to the EAD Web site.

Griffith has been on Station about a year, conducting a Wildlife Hazard Assessment. His mission has been to reduce the problems that occur when animals and humans share the same space.

"Griffith, who is with the Natural Resources Staff, is determining where and when aircraft and wildlife conflict, otherwise known as Bird/Animal Strike Hazard or BASH," said Kirk R. Kropinack, safety and environmental affairs assessment specialist and native of Swansboro, N.C. "A large part of what he is doing is coordinating with the squadron and group safety officers and setting up New River BASH working groups."

Griffith's assessments, thus far, have helped reduce a number of major problem areas including those near the flightline. He has even gone into the hangars to disrupt the roosting of pigeons whose feces alone can cause illness among Marines and corrosion to the helicopter parts.

He uses a number of tools to frighten the animals when they are in a danger area and sometimes utilizes a trapping and removing technique. However, once they are gone, either they return or more of the same animals migrate and move into the same spots.

The BASH link is intended to help Griffith when the animals return to these areas.

"It will provide pilots the opportunity to post animal sightings, strikes and patterns they notice when they fly," said Griffith. "Since it will be available on the Web site, it will be accessible to dependents also who live in base housing and need to report any animals straying into the neighborhoods."

"Once completed, the link will also include an annual calendar of species and risks for certain areas," said Griffith.

Although the EAD doesn't have an estimated time of completion for the link just yet, Griffith concluded that it is definitely a priority right now, and will be a valuable tool available to anyone to help cut down on mishaps.

# 'Phoenix' trains in Florida skies

**RotoVue Staff**

Marine Helicopter Training Squadron-302 is sending a training detachment to Key West, Fla., March 1 to participate in a training exercise.

The purpose of this exercise is to conduct flight operations in the vicinity of Key West to improve pilot and aircrew proficiency and increase combat capability, according to Capt. Brian P. McDermott, HMT-302 pilot training officer from Chicago.

The detachment consists of 11 pilots in training and 15 student crew-chiefs. They are also taking eight CH-53E Super Stallion helicopters.

Gunnery Sgt. Brian A. Cullen, HMT-302 staff noncommissioned officer-in-charge of Marine enlisted training, said the training the pilots and crew chief trainees receive is a follow-up on what they have already been taught.

The initial school for crew chiefs is in Pensacola, Fla., and Cullen said the students learn the basics of their job there.

Their next step is to go through mechanical training where they learn to perform the maintenance the CH-53E requires.

**This CH-53E Super Stallion is used by Marine Helicopter Training Squadron-302 to train crew-chiefs and pilots. The Squadron is performing a training operation in Key West, Fla., on March 1.**

Then the students are assigned to HMT-302 where they combine all the skills they have learned. For the first five weeks, Cullen said the students go through classroom training where they learn about aircraft and are trained to conduct inspections of the aircraft in accordance with maintenance requirements.

According to Cullen, a native of Miller Place, N.Y., the only training left for the would-be crew chiefs is an 11-week flight course where they become fully competent crew chiefs.

For the pilots, the training is different, according to McDermott.

Once the pilots graduate from their basic pilot school, they are assigned here and spend the first two weeks training on a computer learning the system breakdown of the CH-53E, said McDermott.

He said they then go through simulator training for two and a half weeks to familiarize themselves with specific aircraft. Finally they move on to actual flights and spend two and a half to three months perfecting their skills.



Cpl. Steven R. Sawyer

# Just say 'no' to junk mail

Not only does junk mail clog the postal system and create a nuisance, it also uses up valuable natural resources and contributes to pollution and litter problems. For every ton of paper generated in the form of junk mail, 17 trees are destroyed. Tons of junk mail are going to landfills around the country every day, depleting precious landfill space.

Every time someone provides their name and address to receive a product or service, there's a good chance they are being added to one or more mailing lists. When they buy a car, have a baby, make a purchase from a catalog, give money to a charity or fill out a product registration card, their name will likely be entered into a computer database.

The Web site, [www.p2pays.org](http://www.p2pays.org), includes some really great links to let you start reclaiming your privacy and to stop the deluge of unwanted junk mail, spam and telemarketing calls.

**Here are some tried and true methods to help everyone reduce junk mail at the source.**

Contact the Direct Marketing Association Mail Preference Service to get off their mailing list. DMA is the oldest and largest trade association for the users and suppliers in the direct, database and interactive marketing field. Anyone can send a request to DMA to have their name and

address removed from the DMA mailing list, which can significantly reduce junk mail.

Another source is DPPEA's Junk Mail Terminator Cards. Requesters will need Adobe Acrobat Reader to view the file.

By contacting the major credit bureaus, one may request that their name be removed from mailing lists for pre-approved credit cards. The major credit bureaus, such as Experian, Equifax, Inc., Innovis and Trans Union Corp. can all be reached at one telephone number: (888)567-8688.

For financial organizations, consumers can fill in and return opt-out privacy cards. Financial organizations are now required to provide customers with opt-out privacy cards so one can request that their name be removed from the bulk mailing lists.

Customers can call the "800" numbers provided on catalogs and other bulk mailings to request their name to be removed from mailing lists. This can be very effective.

Consumers should avoid giving information like name, address, phone number and e-mail addresses to businesses if possible. These groups may use the information to put buyers on another mailing list and will oftentimes sell it to other bulk mailers.

*Editors note: This information has been compiled by the N.C. Division of Pollution Prevention and Environmental Assistance and was taken from [www.p2pays.org](http://www.p2pays.org).*

# Distance Education: Learning opportunities gained or lost

**Edward C. Fritts**  
contributor

*Editors note: Fritts is the University of Phoenix testing officer, MCB Camp Lejeune. The following is part of a research paper about educational opportunities and tips.*

During the last ten years, the popularity of distance education has increased steadily.

According to statistics derived from the Navy Computer Management Information System, during fiscal year 2002, 3,493 students enrolled in 10,010 classes offered by 92 different educational institutions of higher learning.

Discounting the seven institutions located aboard Marine Corps Base, Camp Lejeune, the disproportionate figures clearly indicate the growing popularity of distance education for Marines and Sailors.

However, far too many Marines and Sailors are circumventing the established enrollment procedures and soon find themselves in a quagmire of academic and financial pitfalls that could have been prevented.

## Distance Education

According to Doctor Charles Wedemeyer (n.d.), in an addition to a communication medium, there are four essential elements required before any distance education situation can take place: an institution; a teacher; a curriculum; and students (as cited in Simonson, Smaldino, Albright, & Zvacek, 2000).

Additionally, distance education is also influenced by the variables of time and location. Once separation of any of the four essential elements within the variables of time and location has taken placed, distance education has occurred.

Surprisingly, distance education has been around since the early 19th century. According to Simonson, distance education began during 1833 in Sweden as a correspondence course in composition.

From this modest beginning, today's distance education blends together modern, advance information systems technology with a global student body that serves to enrich an individual's learning experience.

However, although the number of educational institutions that offer distance education programs continues to increase, the old traditional, brick and mortar institutions of higher learning will still be around for decades to come.

Distance education has increased its popularity due to the

numerous programs available, the accessibility and ease of enrollment and the autonomy the learner has over his or her own learning and actions.

## Distance Education Enrollment Pitfalls

Service members can participate and receive tuition assistance for distance education programs for either academic or professional developmental goals.

However, enrollment procedures are not necessarily the same for each program.

Additionally, there are some distance education institutions that are very reputable, and there are some institutions whose accreditation, reputation and ethical recruiting practices are questionable.

Three of the reoccurring enrollment pitfalls involve admission counselors, the absence of a requirement for prior assessment and the participation demands required by distance education.

## Admission Counselors

As the popularity of distance education increases, the recruiting efforts of some distance education institutions go beyond ethical practices in an attempt to meet enrollment quotas.

Understandably, admission counselors are trained to home in and focus on an individual's educational goals and provide information on how that particular educational institution can best

satisfy the individual's particular needs.

However, buyers beware! Individuals should not permit fast-talking admission counselors to entrap them into a commitment before the individual has completed all the required procedures for requesting tuition assistance.

The dialog utilized by admission counselors was developed with salesmanship in mind and not necessarily for the benefit of the individual.

Although the individual may assume that the admission counselors has all the necessary answers, further research by the potential enrollee may prove otherwise.

Admission counselors are trained on how an individual can best combine tuition assistance, Montgomery G.I. Bill benefits and various other financial aid incentives in order to present a cost-free education plan.

However, the admission counselor's mission is to fill an enrollment quota and not to provide sound, long-term financial advice.

Finally, individuals should not permit an admission counselor to entice an individual into enrolling into any distance education program based on any perceived urgency to meet discount incentives.

Without a doubt, since the popularity of distance education will continue to increase, the numerous discount incentives will always be available.

# Station CO speaks on NMCRS

**Col. Stephen L. Forand**  
Station commanding officer

Marines take care of their own. Mission first, Marines always. Those are not unusual statements made by Marines.

Not only are they words often said, but the concept of taking care of our own is as fundamental to our Corps as our core values of honor, courage and commitment. March will be this year's Navy-Marine Corps Relief Society Fund Drive. I felt it important to take some time and express the importance of this historic organization.

For more than 100 years, this society has helped all of us ensure that we are taking care of our own. It is not charity, it is hope. Navy-Marine Corps Relief Society's vision is to ensure resources are used to provide personnel of the Naval Service the opportunity to achieve self-sufficiency and to help them find solutions to emergency needs. It is an invaluable tool for all commands throughout the Corps.

Last year, New River's contributions rose by 55 percent. We should be proud of such a positive move. However, despite the increase in contributions, assistance rendered was over three times what we gave... I know we can do better.

Funds collected during the drive go to a central fund in Washington where support is then allocated to all Navy and Marine Corps bases and stations. It is only through this process that we are able to provide assistance greater than the local contributions collected.

As this fund drive goes forward, I want to challenge every Marine, every Sailor aboard New River to search their heart for the will to pledge.

If every Marine and Sailor pledged two dollars a month, just \$24 a year, we would ensure that enough funds are being deposited to not only take care of the needs of New River Marines and Sailors, but those in need throughout the Navy and Marine Corps.

Some of you, during your careers, may have had assistance from the Navy Marine Corps Relief Society. Emergencies know no rank, nor age and need to be quickly addressed. If you were helped by the Society in the past, now is the time to help them.

We as Marines are a willing lot; many throughout our history have reached into their pockets to help those in their units and those they only knew as a fellow Marine.

Today we are asking you to continue with the spirit of helping those you may not know.

It is very easy to give a few dollars to help our brothers in arms and their families... and also very rewarding.

Semper Fidelis  
Colonel Steve Forand  
Commanding Officer  
MCAS New River

*Editors note: Giving to the Navy-Marine Corps Relief Society is not limited to Marines and Sailors. Visit the society Web site at [www.nmcrrs.org](http://www.nmcrrs.org).*



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# Participate in the Navy and Marine Corps Relief Society Fund Drive

Give something back and invest in the future of the Marine Corps beginning March 1. Call Sandi Isherwood at 449-6431 for more information.

## Book review: 'Guerrilla Warfare'

**Lance Cpl. Michael Angelo**  
correspondent

Cuban revolutionary Che Guevara's growing popularity has begun its invasion in the United States. T-shirts bearing his face can be found in most malls across the country. "The Motorcycle Diaries," a biographical film based on his diary entries during his motorcycle tour across South America, is slated to be in American theatres this fall.

According to a popular Che Guevara Web site, Guevara, who was once recognized as an enemy of the United States, contributed largely to communism in Cuba and even more to guerrilla warfare. In the '60s, his movements were tracked by the Central Intelligence Agency and the Green Berets. President Lyndon B. Johnson received daily briefs about his whereabouts. It was during his time leading the guerrilla army of communist Cuba that he wrote "Guerrilla Warfare."

The book wasn't published until 1969, two years after his execution, but remains the Guerrilla strategist "bible." Aside from this, "Guerrilla Warfare" is on the Marine Corps recommended reading list.

The first chapter of the book outlines the general principals in fighting a guerrilla war in Latin America. All three principals directly coincide with Guevara's revolution in Cuba, and he notes the success in his own experiences in their definitions.

From there, Guevara continues into his meaning of guerrilla warfare. This is a very interesting aspect of the book. Ignoring a simple dictionary definition, he writes of what it means to him. The detail and emotion included in his explanation gives readers the impression that Guevara sees guerrilla war not as choice or a glorified means of revolution, but as a way of life and necessity when dealing with a larger and stronger enemy.

The book reads on one hand, we have the group composed of the oppressor and his agents, the professional army, well armed and disciplined, and in most cases receiving foreign help as well as the help of the bureaucracy in the employ of the oppressor. On the other hand are the

people of the nation or region involved. It is important to emphasize that Guerrilla warfare is a war of the people and a war of the masses.

This excerpt shines as the leading reason Marine's should read it. Our current operations involving the Global War on Terrorism involve

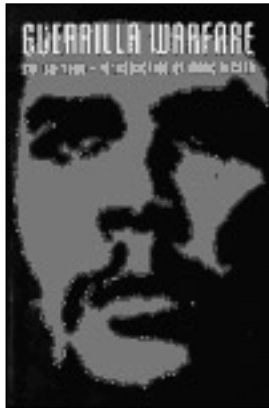
servicemembers facing insurgents and terrorists alike, and our generation has a Che Guevara of our own: Osama bin Laden.

Indirect assaults, propaganda warfare and attack blueprints are the common means of engagement in the guerrillas of the past, and the terrorists today. "Guerrilla Warfare" details them all.

Not originally written for publication, "Guerrilla

Warfare" is a bit difficult to read at times and can be boring in places. The book was written in Guevara's native Spanish and is nearly 40 years old today.

Despite these difficulties, the book contains a wealth of information pertaining to the Cuban revolution, guerrilla warfare and terrorist attacks and should be read by any Marine who wants to understand any of the subjects.



**"Guerrilla Warfare," by Che Guevara, is a 175-page book on Guerrilla tactics and ideology.**



**"The Marine Corps has enough programs for different ethnic races and is doing a good job of making sure there is diversity."**

Lance Cpl. Nick Boros  
Marine Medium Helicopter Squadron-162 (rein.),  
mechanic,  
Massillon, Ohio



**"With the leadership that we have, we are professional about diversity and don't discriminate."**

Gunnery Sgt. Bruce Jackson  
Marine Medium Helicopter Squadron-261,  
crew chief,  
Lawton, Okla.

**"With all the equal opportunity training we do a good job, but we still have a lot to learn."**

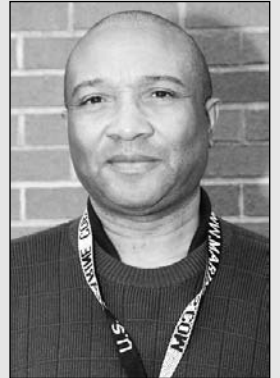
Staff Sgt. Jason Algarin  
Station Headquarters and Headquarters Squadron,  
logistics chief,  
San Juan, Puerto Rico

## RotoView

*How do you feel diversity is being handled throughout the Marine Corps?*

**"Society has a ways to go, but we in the Marine Corps are farther ahead because of our diversity training. As Marines, we have to be able to count on each other."**

Michael Hall  
Central Billeting,  
building manager,  
Fort Pierce, Fla.







contributor



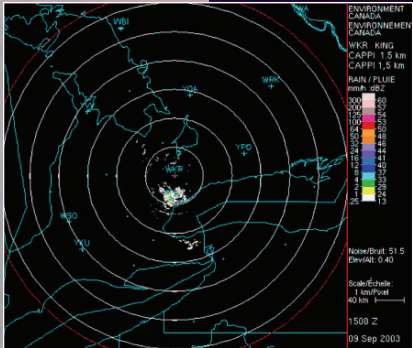
Cpl. Steven R. Sawyer

(Above) Adverse weather conditions, like lightning or severe winds, can put pilots into high risk situations. By correctly forecasting and briefing pilots on weather situations, the Meteorology and Oceanography Center can help prevent accidents and incidents. (Left) A UH-1N Huey, which belongs to Marine Light/Attack Helicopter Squadron-269, prepares for takeoff during a practice mission Jan. 4. Every squadron, including elements of Headquarters and Headquarters Squadron such as Air Traffic Control, relies on the information collected by METOC.

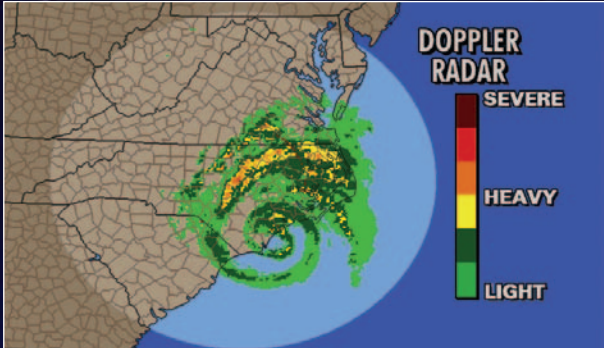


contributor

(Left to right) These maps display weather information including Doppler radar. The weather readings are used by the servicemembers at the Meteorology and Oceanography Center here to provide accurate and up-to-date forecasts.



contributor



contributor

# METOC weathers restructuring plan

Cpl. Jeffrey A. Everitt  
correspondent

The Meteorology and Oceanography Center plays a vital role, and with recent restructuring, training has become more exacting. According to Master Sgt. Terry L. Saude, metrological mobile facility staff noncommissioned officer-in-charge, a new training and readiness manual has been instated. “The (military occupational specialty) is becoming more structured,” Saude said. According to Sgt. Dante M. Rakestraw, Headquarters and Headquarters Squadron forecaster, restructuring does not stop mission accomplishment, however. The native of Richmond, Va., said the mission is to provide METOC and forecast support for units and organizations aboard Station and abroad. Some of the beneficiaries of the restructuring are pilots who must receive face-to-face briefs about weather they may face. During these briefs, aviators learn what weather conditions they will encounter along their journey, which allows them to plan accordingly. Along with all of this, the weather observers and forecasters still complete their regular duties, which include sending a forecast every six hours, updating the forecast, issuing weather warnings and also preparing briefs to inform units about what type of weather can be expected in the near future. Other updates to the MOS include a specific amount of time Marines should spend in each billet. In addition, many billet requirements are now

different. Marines in the METOC field begin as apprentice METOC observers, move into METOC journeyman forecasters, then to a master METOC forecasters and finally to master analyst instructors. Each of these billets requires special training and classes. Some classes are taught at Kessler Air Force Base, Miss., some online and for others, the Chief Naval Education and Training Center, Naval Air Station, Pensacola, Fla., offers personalized courses. “When a Marine has been through all the training and is ready to advance, we put them on an in-house board and then send a package to (Headquarters Marine Corps) that says they have completed the required criteria and are ready to advance,” said Saude. The change in the MOS requirements now allow corporals to go to the forecasters course when only sergeants were accepted in the past. “(Headquarters Marine Corps) is trying to enhance the combat readiness of all the units,” said Saude. One way they are trying to accomplish this is by getting Marines through the observer and forecaster courses by combining the two in accordance with Marine Corps Order P3500.66. According to Saude, this will also help when someone from another MOS laterally moves into this field. LAT-movers coming into the METOC field must meet the MOS criteria, and once they have been chosen may go to a local METOC center to become familiarized with the job before they go to the school. “I hope this transition from the old to the new is going to be smooth and seamless,” concluded Saude.

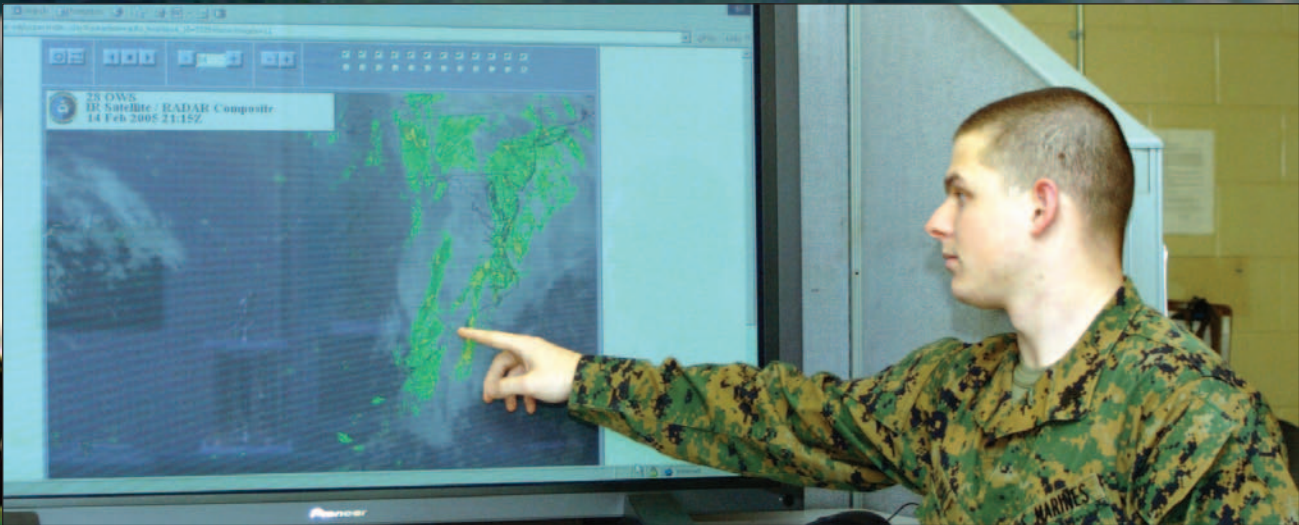


Cpl. Jeffrey A. Everitt



Pfc. Brandon Gale

Sergeant David J. Hale, Headquarters and Headquarters Squadron forecaster, points to a developing weather system displayed on a plasma screen, which is used to brief pilots and flight coordinators Feb. 14.



Cpl. Jeffrey A. Everitt



Cpl. Jeffrey A. Everitt

Lance Cpl. Adam D. Marturano, Headquarters and Headquarters Squadron, apprentice METOC analyst, from Rome, N.Y., checks a rain gauge to record the daily rainfall on Feb. 14.



Pfc. Brandon Gale

(Above left) Lance Cpl. Jennifer E. Weir, Headquarters and Headquarters Squadron apprentice Meteorology and Oceanography Center analyst from Franklin, Ind., uses the hand-held anemometer to check the wind speed and wind direction here on Feb 14. This equipment is used only when the automated surface observing system is inoperable or inaccurate. (Above) Weir studies and plots a SKEW T Log P diagram. This diagram (left) is used to plot temperature and dew points at various altitude, which is useful in determining approximate cloud patterns and freezing altitude winds.





NEW RIVER

## Bowling Center

### FREE BOWLING

FOR ACTIVE DUTY PERSONNEL

Tuesday, Wednesday & Thursday  
1500 - 1700

**\*Tuesday & Thursday** 1700 - 2000

75¢ games

Open to all!

\* (Every Third Tuesday 1900 - 2100 SMP bowling ONLY!)



# Ironhorses haul heavy load for U.S. Embassy, Djibouti

**Sgt. Wayne Campbell**  
correspondent

**DORRA, Djibouti** - In an effort to strengthen the friendship between the United States and Djibouti, Marines and Soldiers attached to Combined Joint Task Force – Horn of Africa helped the U.S. Embassy in Djibouti deliver construction materials here Jan. 29.

Servicemembers from Marine Heavy Helicopter Squadron-461 and the 1-294th Infantry division, Guam, delivered building supplies to rebuild the Dorra Youth Center as part of the Ambassador's Special Self-Help Program, according to Rachel Dorsey, self-help coordinator for the U.S. Embassy.

"Without the help from the military, our only other option was to drive the materials for a portion of the distance to the town and then use camels for the rest of the distance," said Dorsey.

Under the management of the ambassador, the self-help coordinators decide how to distribute U.S. Agency for International Development funds for projects usually ranging from \$3,000 to \$5,000, according to Dorsey.

Each year in Djibouti, hundreds of requests for funding are received, and because there is a limited budget, only a small number of projects are selected. The projects selected benefit the greatest number of people; have a community contribution of materials; labor or cash amounting to no less than 25 percent of the total project value; are the means of the community to operate; and are self-sustaining, Dorsey explained.

The primary goal of the program is to improve the quality of life through small-scale development projects that are implemented at the lowest level. A variety of projects have received Special Self-Help Funds including digging wells, building cisterns, funding sewing and computer workshops, funding vocational training for boys, agricultural reinforcement through purchase of water pumps, seeds and tools, as well as a variety of income generating and educational projects.

"Each year we try to reach out to the remote areas and fund projects in all the districts," said Dorsey.

The Ambassadors' Special Self-Help Program in Sub-Saharan Africa falls under the authority of the Development Assistance policy of the Foreign Assistance Act of 1961, with such assistance funds appropri-

ated to USAID.

USAID's delegation of authority can extend to ambassadors, making it possible for them to respond to requests for assistance with small community projects that promise to have immediate benefit and may add to the advancement of U.S. objectives.

This can often be accomplished within the basic structure of currently established community programs.

For example, for a road project, the community can construct an essential footbridge, which has been virtually unusable or nonexistent during rainy seasons, or the financing of sewing machines or other equipment can be arranged for a vocational training project or an adult education organization.

Frequently, communities would like to improve their living quarters or community buildings, but are unable to do so without SSH assistance in purchasing a brick-making machine.

"We extend our heartfelt thanks to all those involved in making this delivery of supplies to Dorra a reality," said Dorsey.

# Marines' KC-130J joins mission in Iraq

**Cpl. Paul Leicht**  
contributor

**AL ASAD, Iraq** - Establishing another milestone in Iraq, the Marine Corps deployed its newest refueling tanker aircraft, the KC-130J Hercules, for the first time Feb. 13.

Marine Aerial Refueler Transport Squadron-252 relieves the 'Yankees' of VMGR-452, a Newburgh, N.Y., based reserve Marine unit deployed here since August, and brings with them the new KC-130J.

"KC-130 is a versatile, tactical aerial refueler/transport aircraft that supports all six functions of Marine aviation, and it is the Corps' only fixed wing assault support aircraft," said Maj. Rodney A. Funk, operations officer, VMGR-452, who is a former operational test pilot and assistant officer-in-charge for the KC-130J Fleet Introduction Team. "The KC-130 'J Model' enhances and improves upon the abilities of the Hercules fleet to support the (Fleet Marine Force)."

Funk, a native of Lancaster, Pa., added, "Like previous models, the 'J' also provides both fixed and rotary wing tactical in-flight refueling, as well as rapid ground refueling of aircraft or tactical vehicles. This aircraft is a force-multiplier that

is really well suited to the mission needs of the Marine Corps."

The Marine Corps has gradually started to replace its active fleet of KC-130Fs and KC-130Rs with the new KC-130J.

"Compared to the other models of the KC-130, the 'J' has increased speed and range, in addition to other capabilities," said Maj. David A. Krebs, operations officer, Marine Wing Headquarters Squadron, and a former pilot with VMGR-252 who has also flown many hours in the KC-130J during the squadron's conversion.

Krebs, a native of Monroeville, Ohio, fur-

ther explained that the 'J' has an enhanced air-to-air refueling system with a 50 to 100 percent higher fuel-flow rate, in addition to an armored cockpit, new night-vision capabilities, heads up displays and state-of-the-art avionics.

Additional major improvements include a fully integrated navigation system with a dual embedded Global Positioning System, mission planning system, low-power color radar and a digital map display, according to Funk.

**The first Marine Corps KC-130J deployed to Iraq unloads passengers at Al Asad Feb. 13. Here with Marine Aerial Refueler Transport Squadron-252, the "J Model" is the Marine Corps' newest refueling tanker aircraft and has now joined the ranks of operationally deployed Marine aviation assets.**



Cpl. Joel A. Chaverri

## John Gunn's military sports highlights

### MCCSSS defeats Cherry Point for Lejeune's football title

It was a battle between a perennial powerhouse and the come-from-behind kings, a classic championship to go down in the Marine Corps Base, Camp Lejeune, N.C., intramural football books. And it went into overtime, with Marine Corps Combat Service Support Schools winning, 28-22.

Marine Corps Air Station Cherry Point, N.C., a team with the luxury of an entire base from which to pick its athletes, looked poised to snatch the intramural championship from MCCSSS in the first moments of the game, the Lejeune Globe reported.

But "Triple S" did not falter under the pressure of a larger opponent. Their ground game got the team on the board first, scoring a field goal late in the first quarter. Cherry Point answered with a run of its own, using its size and depth and the speed of running back Carlos Pineda to lift the team to an 8-3 lead.

"We had to change our game plan because of the wind," said Cherry Point's first-year coach Daniel Buchino. "We had planned to pass a lot more on them."

In the second quarter, Cherry Point continued to dominate, adding an additional touchdown. Triple S answered with another field goal to end the half at 14-6.

But it was not the offensive plays that stole the spotlight; the large audience at Liversedge Field was treated to a dance of defenses, with more sacks than scores and more grueling tackles than offensive completions.

The game became even more intense in the second half, with "Triple S" taking advantage of a sloppy play and an intentional grounding by Cherry Point to score a safety. With a minute left in the third quarter, Triple S, led by the backfield duo of Shannon Holman and Maurice Cork, was able to even the score on a 21-yard drive. The two-point conversion attempt was good.

In the fourth quarter, both defenses went to work, keeping the ball around midfield for the first few minutes of play.

Cherry Point was able to recover the kickoff on their 21. Running back Steven Williams was able to brush by

Triple S defenders to score, giving Cherry Point the 22-14 advantage with 4 minutes and 19 seconds remaining, said the Globe.

As the clock wound down, it looked as though the game was in Cherry Point's pocket. Fans from both sides left the chilly stadium, sure that the Air Station had clinched the title. Triple S wasn't ready to lie down and take the loss, however. MCCSSS continued to utilize its strong running game, putting pressure on Cherry Point's defensive linemen.

Cherry Point did the unexpected and gave the go-ahead to throw the ball. With less than a minute on the clock, Triple S intercepted the pass and ran the ball back to Cherry Point's 6-yard-line. Quarterback Cory Dunlap, whose previous attempts had gone astray because of the wind, was able to connect with a receiver for the touchdown to bring them within two points.

Seconds later, Holman carried the ball for the two-point conversion to tie the score with less than 35 seconds on the clock.

"It was really a miracle play," said intramural sports coordinator Dennis Rautmann. "Oftentimes, late in the game, teams that are down give up. But not Triple S. They hung in there, and it paid off for them."

The game, that only minutes earlier had seemed predetermined, was up in the air again. Both teams prepared for the overtime.

Triple S took possession of the ball first. Making the most of the opportunity on the first possession, the team was able to run it in for a touchdown.

Dunlap was not able to connect for the two-point conversion, giving Triple S a six-point advantage going into Cherry Point's possession, the Globe said.

Cherry Point again turned to its air game, which has been stellar all season, to get them through the overtime period. This time, the combination of high winds and strong defense put Cherry Point's hopes away quickly. MCCSSS was able to intercept the ball on Cherry Point's first attempt, clinching the championship.

## Get fit without getting sick

**Sgt. Andrew W. Miller**  
correspondent

Many Station personnel conduct their physical training sessions at the Fitness Center here due to the weather which can range from freezing to sizzling with little or no notice.

It seems safe and comfortable, but according to [www.maxsportsandfitness.com](http://www.maxsportsandfitness.com), "the very site where people make the most progress in getting in shape and boosting their immune systems can be one of the places they are most likely to come in contact with all sorts of germs and viruses."

Fungi and bacteria thrive in moist, warm places; the weight room, sweaty clothes and shower stalls in the Fitness Center could be ideal places for them to harbor. In locker rooms, such things as warts, fungi and athlete's foot can be contracted.

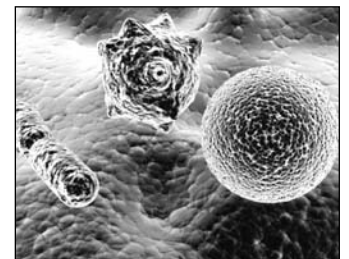
Although the Fitness Center is kept clean, and the employees provide disinfectant and towels for patrons to use, germs can still spread. Sweat, nose drops, saliva, urine, coughing and sneezing can spread skin infections, the common cold and influenza.

According to [www.theeyopener.com](http://www.theeyopener.com), E. coli, strep-bacteria and the influenza virus can be found on most gym athletic equipment. The site also

reported that research conducted by the World Health Organization indicated that one of the ways Severe Acute Respiratory Syndrome can be spread is through sweat.

As easy as it sounds to catch illnesses in a gym, it is just as easy for personnel to take care of themselves. One of the more obvious ways is by simply wiping down the equipment with a towel, and using a towel to cover the seat while sitting on the equipment.

"We have had a big increase in patronage to the Fitness Center since the cold weather moved in," said Phillip Brown, Station fitness director and native of Newark, N. J. "Everybody lies down on the weight benches, and when they do, they are lying in other people's sweat."



contributor

**Fungi and bacteria thrive in moist, warm places, so take active measures to prevent the spread of germs in the gym.**

## Marine ex-shortstop Stevens survives 9 bombings in Iraq

The last time New Britain, Conn., Rock Cats manager Stan Cliburn saw Tony Stevens, his shortstop was having car trouble in Florida. This was a month after their 2001 season had ended with an Eastern League title shared with Reading, and a grief shared with an entire nation.

"He had left his vehicle down (at the Minnesota Twins' facilities) in Fort Myers, and I just happened to come across him one day," Cliburn said. "I saw a guy with his hood up, went over, and it was Tony. His battery was dead."

Cliburn gave Stevens a jumpstart. Stevens told Cliburn he was looking at getting a jumpstart on the rest of his life, the Hartford Courier reported.

"I'm thinking about retiring from baseball," Stevens said, "and joining the military."

Cliburn said he always thought Stevens had major-league potential.

On Jan. 29, he found out how right he was.

A story by Ellen Knickmeyer of The Associated Press arrived by e-mail during the course of the day. The dateline was Askan, Iraq, and when Cliburn finished reading the piece, he couldn't stop shaking his head.

Marine Lance Cpl. Tony Stevens was bombed nine times over the past six months. He survived all nine.

"I always knew Stevens was quick as a cat," Cliburn said. "I didn't know he actually was a cat."

Stevens' home is Jacksonville, Fla., and for the Double-A New Britain Rock Cats, he hit .261 in two seasons before joining the military.

He was also the Florida high school basketball player of year in 1997, said Rock Cats President-General Manager William Dowling.

Sept. 11, 2001, brought a clear and beautiful morning to Connecticut. The Rock Cats were prepared to start their championship series that night at New Britain Stadium. Finishing his shower, Dowling's mind was racing with

possibilities when the phone rang, said the Courier.

It was Dowling's daughter, Elizabeth, on her way to work on 16th Street in Manhattan. It was 9 a.m.

"Dad, I just saw a plane crash into the World Trade Center," she said.

"C'mon, Lizzie, you're kidding," Dowling answered.

The hijackers buried a second plane into the towers. She wasn't kidding.

Pat Tillman, former Arizona Cardinals safety, was among the nearly 300 million who watched the cowards punch flaming craters into the World Trade Center and watched in disbelief as the 110-story symbols of American commerce dissolved like sandcastles.

Tillman was moved to give up his NFL career, forfeit millions of dollars, and to fight and later die for his country in Afghanistan.

"I remember how shaken our players were that day," Dowling said. "They're young. Some are

from sheltered environments. All of a sudden, those of us in the toy department of life looked outside, saw something horrific and dealt with it in our own way."

The story from Iraq did not specify what motivated Stevens to leave baseball at 23 and enter the Marines, the Courier said.

Maybe it was entirely 9/11; maybe it was partially 9/11. This much is certain: Stevens batted second in the lineup on Sept. 8 2001, the night the Rock Cats clinched the Northern Division play-offs in Norwich, and he never played again.

The league finals were called off after the tragedy, a co-championship declared.

Dowling remembers talking to Terry Ryan in February 2002 when the Twins GM surprised him, saying, "I've got to find you a new shortstop. Stevens is going into the Marines."

"I knew his dad was in the military," Cliburn said. "I knew that was an influence."

Stevens is completing his second tour of duty as a member of the 1st Battalion, 2nd Marine Regiment, working the triangle of death south of Baghdad. Bomb explosions are common.

So is death.

A six-month deployment there leaves Marines with an injury rate of 1-in-5.

No Double A team has had as many players move to the big leagues so fast as the Rock Cats. Torii Hunter, Corey Koskie, Doug Mientkiewicz -- the list is long, but what has happened to Stevens, now 26, is a record of bad-luck, good-luck bigger than any league.

Nobody in Iraq, as best as anyone can tell, has been hit as many times as Stevens.

*Editors Note: Gunn is a member of the Marine Corps Combat Correspondent Assn., Marine Corps Intelligence Assn., Marine Corps Aviation Assn., Marine Corps Heritage Foundation and Naval Aviation Museum.*



# Barracks smoking, visitor policy remains unchanged

**Lance Cpl. Michael Angelo**  
correspondent

Among the two most violated policies in the Headquarter and Headquarter Squadron barracks are smoking and unauthorized visitors, said Staff Sgt. Andrew C. Wickenden, H&HS barracks manager from Syracuse, N.Y.

In 1992, Marine Corps Order 5100.28 was enacted stating the Marine Corps policy on tobacco usage. It prohibits smoking in many areas, to include barracks and squadbays under certain conditions.

According to the order, smoking and nonsmoking preference shall be considered in the assignment of barracks berthing space. There shall be no smoking in base officers quarters and base enlisted quarters rooms or squadbays shared by smokers and nonsmokers.

When it is impractical to segregate smokers and nonsmokers, smoking is prohibited. In barracks which have central ventilation systems, smoking is prohibited.

Since the barracks here have centralized ventilation systems, smoking in the barracks is prohibited. In fact, smoking outside the barracks has specific policies as well.

"Marines can smoke only in authorized areas," explained Master Gunnery Sgt. Purvis Lockett, H&HS sergeant major from Memphis, Tenn. "Smokers must be 50 feet away from the barracks. Smoking is not permitted on the catwalks."

Even though the rules are clearly posted in the duty binder located in the duty hut, there are still violations, said Wickenden.

"Violators are written for violation of Article 92, failure to obey order or regulation," he said. "This can result in a non-judicial punishment, restriction and loss of pay or rank."

Since smoking policies may be barracks specific, Marines should check their barracks standard operating procedure for their barracks policy.

Another problem in the H&HS barracks is unauthorized visitors, according to Wickenden.

"An unauthorized visitor is any person not living in the barracks; this could be a Marine or a civilian," he said.

Visitors must log in with the on-duty non-commissioned officer, and visitors must have valid identification, he said.

"In case of an emergency, we need to have accountability for all visitors," he continued. "This policy

also protects the Marines living in the barracks."

The instructions in the barracks duty binder state visitors are allowed from 8 a.m. to 10 p.m. from Sunday to Thursday and 8 to 1 a.m. on Friday and Saturday.

According to Wickenden all visitors are encouraged to wear proper civilian attire, and the barracks duty NCO reserves the right to ask visitors to leave.

Marines who don't live in Station H&HS barracks should check with their unit barracks policies.

"Do the right thing. It's in black and white," concluded Wickenden.



Cpl. Steven R. Sawyer

# MFSC, chaplains help those soon-to-be married

## RotoVue Staff

The Marine and Family Service Center, with help from chaplains, conduct a pre-marriage course at the Family Team Building Center once per quarter to help those newly married, as well as those with wedding bells in sight for the near future.

This course is open to active duty, retired and dependents, according to Karen S. Slack, MFSC prevention and education representative, from Holly, Mich. She also said if someone not affiliated with the military wanted to attend, the MFSC staff would try to accommodate if room is available.

According to Marilyn Nakamura, MFSC prevention and education specialist from Wantagh, N.Y., the course is made up of various periods of instruction taught by Nakamura, Slack, Station chaplains and the Marine Aircraft Group-29 Sergeant Major, Sgt. Maj. William H. Bly Jr.

Commander Frederick A. Hilder, MAG-29 chaplain, instructs a class on the religious aspects of marriage which is an overview of how religion impacts marriage and family.

He explained that differing religious beliefs might cause conflicts at some point in a marriage, whether the couple is religious or not. Possible conflicts could include wedding ceremonies, baptisms, prayers or even funerals.

"My goal is to help these couples to be aware of potential religious conflicts that may arise during the course of their marriage," said

Hilder.

A period of instruction titled "Marrying the Warrior" is given by Lt. Doug McCormick, MAG-29 chaplain from Brevard, N.C., and Bly examines what a civilian who marries a servicemember can expect, such as the differences in real life in the military and what they see in movies. Other topics discussed include duties, long working hours and deployments.

"They are marrying someone trained to fight wars, not someone

who works at Wal-Mart," said McCormick.

Bly discusses the topics of lifestyle changes, family support and goals. He said those getting married don't have to give up on their goals. He emphasizes that goals can be family oriented, personal or even career related.

"To be a good father and husband you need to be a good Marine first," said the Norfolk, Va., native. "Once that happens, everything will roll over to home."

# Losing (self) control

**Petty Officer 1st Class Aaron D. Painter**  
religious program specialist



Sometimes I look at the world around me and wonder if the virtue of self-control has been completely forgotten. Self-control is valuable to the society as a whole and can only be obtained by the individual. I see in the news stories about Soldiers mistreating prisoners, terrorist attacks, an obese nation, and a generation hooked on soda, cigarettes, coffee and drugs. Divorce rates are at all time highs and climbing, violence is skyrocketing and more vehicle accidents are claiming the lives of our servicemen and women than the war.

I believe that a person must live a life of self-control. The Greek maxim of moderation in all things doesn't quite work for our society, since there is never a time for a moderate amount of drugs, speeding, drinking and driving or violence against our spouses or children. If I were asked today to re-write that millennia old maxim, I would write it like this -- "Practice self-control, and do good."

Scriptures abound with the virtue of commanding oneself and practicing self-control. Many passages from holy books proclaim the mightiest as those who conquer themselves. Here are a few that I would like to share with you:

"Irrigators lead the waters. Fletchers bend the shafts. Carpenters bend wood. The virtuous control themselves." -- Buddhism. Dhammapada 80 and 145.

"With the conquest of my mind, I have conquered the whole world." -- Sikhism. Adi Granth, Japuji 28, M.1, Page 6.

"Though one should conquer a million men on the battlefield, yet he, indeed, is the noblest victor who has conquered himself." -- Buddhism. Dhammapada 103.

"He who is slow to anger is better than the mighty, and he who rules his spirit is better than he who takes

a city." -- Judaism and Christianity. Proverbs 16.32.  
"Attack the evil that is within yourself; do not attack the evil that is in others." -- Confucianism. Analects 12.21.

"He who knows others is wise; he who knows himself is enlightened. He who conquers others has physical strength; he who conquers himself is strong." -- Taoism. Tao Te Ching 33.

This most valuable of principles is the controlling of your language, gestures, anger, diet, exercising control over spending habits and all aspects of life. If you honestly reflect on the past ten issues in your life that have caused conflict, stress, unhappiness or pain -- how many of those were caused by a simple lack of self-control? When we do not have control of ourselves, we drive through a fast food restaurant instead of eating a healthy meal and feel bad about it later, or gain weight and complain about never being able to stay fit. When we lack self-control we stress over unpaid bills and interest rates, but continue overspending on cable, DVDs, eating out and video games.

We must first learn as individuals to implement self-control over all aspects of our life, and then we will see our society as a whole begin to shift back to "the good ole days."

It starts with you, and you have to accept the responsibility, and act accordingly, and the benefits of conquering yourself will multiply through every expression and deed of your life.

### Memorial Chapel Services

#### Sunday Worship

9 a.m. Catholic  
11 a.m. Protestant

Please call the  
Station Chapel at  
449-6801 for more  
information.

# Get out of the 'red' with Marine and Family Services

**Cpl. Steven R. Sawyer**  
correspondent

It's the same story every day. Young servicemembers, (though they're not always young), get down and out, can't pay their bills and get into trouble.

For servicemembers in this predicament or those looking for advice the Marine and Family Services Center is the place to turn.

According to Marilyn Nakamura, prevention education specialist, MFSC offers a wide range of financial programs and helpful courses, tailored to the individual.

"We start by trying to give you a realistic look at your financial situation," said Nakamura. "After that, we help you determine what would be the best way to get everything you need."

Perhaps the best part about the professionally sponsored programs is the price, because they cost nothing.

"Our services are sponsored through Marine Corps Community Services, which means they are free for all servicemembers," said Nakamura.

There are also unit-oriented courses available for section heads and staff.

"The command financial specialist program is offered to units in order to provide them with an in-house financial counselor," said Nakamura. "It's four days long and available primarily to staff non-commissioned officers and senior NCOs, though officers do attend now and then."

This program gives units the ability to handle basic financial situations within the shop or squadron, providing emergency aid when and where it can be most effective, according to the course documentation.

Some of the programs offered to all servicemembers, both unit and individual include: basic budgeting; credit management and relief; car buying; investing; savings; banks and banking choices; and scam and consumer fraud awareness.

For more information regarding programs and services at the Marine and Family Services Center, call 449-5241.

# Marine Family Service Center

**AA Meetings**  
Each Monday  
11:50 a.m. to 12:50 p.m.  
MFSC now has Alcoholics Anonymous meetings every Monday. These meetings are open to alcoholics and non-alcoholics.

**Retired Affairs**  
Each Wednesday and Friday  
8 a.m. to 12 p.m.  
The retired affairs representative can provide retired service members and their spouses with information regarding benefits, entitlements, privileges and legal assistance. No appointments are necessary.

**Play Morning**  
Each Thursday  
9:30 to 11 a.m.  
Youth Community Center  
Play morning is a time for mom and dad to have fun with their children ages six

and under. Come play with them! For more information, please call the New Parent Support Program at 451-5286.

**Keystone Meetings for Teens**  
Each 1st and 3rd Friday  
6 to 7 p.m.  
This is a Boys and Girls Club Program that offers an opportunity to gain leadership skills, participate in and earn community service hours as well as social activities. Come voice suggestions and plan events. On the third Friday of each month, a teen-selected prevention topic is presented.

**Power Hour**  
Monday through Thursday  
4 to 5 p.m.  
This is an education program implemented by the Boys and Girls Clubs of America to help students excel in school. Power Hour means that everyday after

school, members will have a special place that is quiet and private to do their homework.  
Someone will be on hand to help members who have questions or need help understanding their homework. Tutoring will also be available and can be scheduled on a weekly or daily basis.

**Welcome Aboard Brief**  
March 1  
8 to 11:30 a.m.  
Anyone new to the Jacksonville area can attend the Welcome Aboard Brief at the Enlisted Club.  
They will hear presentations from a variety of agencies, including Family Services, Branch Medical, Jacksonville Police Department, the United Services Organizations and more.  
Following the briefs and information fair, they can stay for a free

lunch and a bus tour of the area.  
**Raising Children in a Non-Violent Home Part I**  
April 5  
1:30 to 3:30 p.m.  
Learn conflict resolution and how the media is affecting your children through role-playing exercises and practical techniques.  
**Raising Children in a Non-Violent Home Part II**  
April 12  
1:30 to 3:30 p.m.  
Same as above.  
*For more information about the programs or to pre-register for one of the classes, please call 449-6110/6185, or visit the Web site at [www.lejeune.usmc.mil/mcas-nr/fsc/fschome.htm](http://www.lejeune.usmc.mil/mcas-nr/fsc/fschome.htm).*

## 2005 Active Duty Fund Drive

In support of the Navy and Marine Corps Relief Society



**"We protect them while you're protecting us!"**

For more information on the Navy and Marine Corps Relief Society you may visit our Web site at [www.nmcra.org](http://www.nmcra.org) or call the New River Office at 449-6431 or the Camp Lejeune Office at 451-5346, ext. 244.



## LC10 LCTV-10 Schedules LC10

**Feb. 25 - March 4**

### Show Title

### Show Times

Semper Fit.....	7:30 a.m., 3:30 p.m., 11:30 p.m.
The Morning Report .....	8 a.m., 12 p.m., 4 p.m., 8 p.m., 12 a.m., 4 a.m.
Air Force News .....	8:30 a.m., 4:30 p.m., 12:30 a.m.
Your Corps .....	9 a.m., 5 p.m., 1 a.m.
Army News .....	9:30 a.m., 5:30 p.m., 1:30 a.m.
History Channel's "The Great Ships" - Aircraft Carriers ...	10 a.m., 6 p.m., 2 a.m.
Circle of Honor - Olympic Pistol Pt. 1. ....	11 a.m., 7 p.m., 3 a.m.
The Pacific Report.....	12:30 p.m., 8:30 p.m., 4:30 a.m.
Navy/Marine Corps News.....	1 p.m., 9 p.m., 5 a.m.
Rice University.....	1:30 p.m., 9:30 p.m., 5:30 a.m.
Pentagon Ch. On Assignment .....	2 p.m., 10 p.m., 6 a.m.
Pentagon Ch. Studio 5 .....	2:30 p.m., 10:30p.m., 6:30 a.m.
Circle of Honor - Olympic Pistol Pt.2.....	3 p.m., 11 p.m., 7 a.m.

## Station hosts Bourbon Street legacy



Cpl. Jeffrey A. Everitt

Samantha Hudgins, (left), and Taneisha Barnes present the "King's Cake," an authentic cake ordered and delivered from New Orleans, to guests of the Staff Noncommissioned Officers Wives Club Mardi Gras celebration Feb. 11. The King's Cake, which dates back to the 18th century and is still carried on today, is a long standing custom promoting good luck and prosperity.

### FEATHERNECK

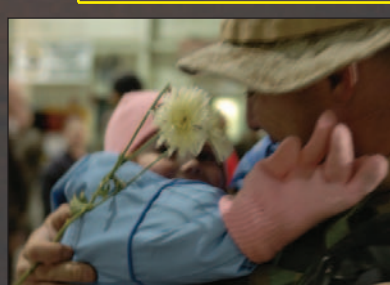
### CRAIG H. STREETER





# A salute to our troops returning and deploying ...

See pages 2, 3 for more information.



Photos by the JPAO and CVIC staff